

## Tossed Salads

SERVED WITH PITA BREAD

### CHOPPED SALAD \$5.95

Romaine, tomato, cucumber, red onion, toasted pita chips, and bleu cheese tossed in a homemade white balsamic vinaigrette.

### MEZZATERRANEAN SALAD \$5.95

Romaine, tomato, cucumber, red onion, green peppers, kalamata olives, and feta cheese tossed in a house vinaigrette.

### FIRE ROASTED VEGGIE SALAD \$6.29

Mixed greens, fire roasted seasonal vegetables such as roasted red peppers, zucchini, yellow squash, red onions, and other seasonal veggies) and goat cheese tossed in a homemade balsamic vinaigrette.

### SHEPPARDS SALAD \$6.45

Mixed greens, romaine, shredded napa cabbage, tomato, avocado, chopped dates, goat cheese, corn, and toasted almonds tossed in a honey lime white balsamic vinaigrette.

### SIGNATURE GREENS SALAD \$5.95

Romaine, Sun dried tomato, kalamata olives, chopped tomato, feta cheese tossed in a homemade white balsamic vinaigrette.

### CAESAR SALAD SMALL 3.29 REGULAR \$4.95

Our own take on a classic Caesar with toasted pita chips, Parmesan cheese, and Caesar dressing tossed with crisp romaine lettuce.

ADD CHICKEN \$1.49

ADD STEAK \$2.29

ADD SHRIMP \$2.99



## Traditional Sides

### FALAFEL \$3.49

Garbanzo beans blended with fresh green herbs & spices then fried to a crisp. Served with tahina sauce.

### ROASTED RED PEPPER HUMMUS \$3.49

Traditional hummus blended with roasted red peppers.

### FATOOSH \$3.29

Chopped tomato, cucumber, green onion, toasted pita mixed with oregano, lemon juice and EVOO.

### VILLAGERS SALAD \$3.49

Chopped tomato, cucumber, green onion, kalamata olives, oregano, lemon juice and EVOO.

### FRESH FRUIT MEDLEY \$2.49

A fresh assortment of the seasons freshest fruit.

### TRADITIONAL HUMMUS \$2.99

Crushed garbanzos, garlic, lemon, tahina & olive oil.

### TABOULEH 2.99

Diced tomatoes, cucumber, green onion, mint, parsley & bulgur wheat tossed in lemon & EVOO.

### FETA PASTA SALAD \$3.29

Shell pasta with crumbled feta cheese, seasonal colored peppers, oregano and olive oil.

### ROASTED VEGGIE COUSCOUS \$2.99

Seasonal roasted veggies tossed with couscous.

### CUCUMBER SALAD \$2.99

Cucumber, yogurt, garlic and fresh green herbs.

### JERUSALEM SALAD \$2.99

Chopped tomato, cucumber, parsley mixed with tahina and lemon juice.

## Tripoli Platter

ANY THREE OF OUR TRADITIONAL SIDES. SERVED WITH FRESH WARM PITA.

\$7.29

## Sandwiches

ADD A MINI TRADITIONAL SIDE AND A FOUNTAIN DRINK FOR \$1.99  
CHOOSE ONLY FROM OUR TRADITIONAL SIDES

### FALAFEL PITA \$5.49

Crisp fried garbanzo beans blended with fresh green herbs and spices, topped with hummus, Jerusalem salad (cucumber, tomato and tahina) & lettuce

### SPICY CHICKEN PITA \$5.99

Broiled harissa marinated (mild pepper blend) chicken breast topped with tahina sauce, cheese, lettuce & tomato

### TUNISIAN CHICKEN WRAP \$6.49

Broiled harissa marinated (mild pepper blend) chicken breast topped with harissa mayo (mild pepper blend mayo), tomato, red onion, lettuce & avocado..

### CHICKEN CAESAR WRAP \$5.99

Marinated chicken breast topped with Caesar dressing, cheese, lettuce & tomato.

### MEZZATERRANEAN CHICKEN PITA \$5.99

Marinated broiled chicken breast topped with tahina sauce, cheese, lettuce & tomato.

### CHICKEN SHAWIRMA PITA \$5.99

Roasted seven spice chicken topped with tahina sauce, pickle, lettuce & tomato.

### CHICKEN KABOB PITA \$5.99

Broiled marinated cuts of chicken breast skewered with peppers and onions, topped with tahina sauce, lettuce & tomato.

### GRILLED SKIRT STEAK WRAP \$6.49

Broiled marinated smoked cumin, lemon, touch of jalapeño skirt steak topped with grilled peppers & onions, sour cream, lettuce, & tomato

### LAMB & BEEF SHAWIRMA PITA \$6.49

Spit Roasted seven spice lamb and beef topped with tahina sauce, pickle, lettuce & tomato

### BEEF TENDERLOIN KABOB PITA \$6.49

Broiled marinated cuts of beef tenderloin skewered with peppers and onions topped with tahina sauce, lettuce & tomato

### KEFTA KABOB PITA \$6.49

Broiled minced lamb & beef rolled on a skewer with tomato topped with tahina sauce & lettuce

### SPICY GRILLED SHRIMP WRAP \$6.99

Spicy grilled shrimp skewered with onions and peppers topped with harissa mayo, lettuce, tomato, & avocado.

### ROASTED RED PEPPER HUMMUS WRAP \$5.49

Roasted red peppers hummus and topped with lettuce, tomato, cucumber, kalamata olives and red onion

### ROASTED VEGGIE WRAP \$5.49

Fire Roasted seasonal peppers, yellow squash, zucchini, and eggplant topped with tahina sauce, cheese, lettuce & tomato

## Make it a Combo

ADD A MINI TRADITIONAL SIDE OR CURLY FRIES  
AND A FOUNTAIN DRINK TO YOUR SANDWICH FOR ONLY

\$1.99

## Rice Bowls

\*\*NOT AVAILABLE AT ALL MEZZA LOCATIONS

SERVED WITH WHITE OR BROWN RICE

### MEDITERRANEAN CHICKEN \$6.49

Chicken, seasonal peppers, cilantro and curry.

### MEDITERRANEAN BEEF TENDERLOIN SAUTE \$7.49

Beef tenderloin, seasonal peppers, red onion, garlic, cilantro and a hint of jalapeño sauteed in roma tomato sauce.

### MOROCCAN VEGGIE STEW \$5.99

A seasonal vegetable medley tossed in a roma tomato sauce.

## Kabob Plates

SERVED WITH WHITE OR BROWN RICE AND A MINI SIDE  
CHOOSE FROM OUR TRADITIONAL SIDES

### BEEF TENDERLOIN KABOB \$7.49

Char-grilled beef tenderloin skewered with peppers & onions and marinated in lemon, garlic and spices.

### CHICKEN KABOB \$6.99

Broiled chunks of chicken breast marinated in a vinaigrette of lemon, mustard, oregano and spices skewered with peppers & onions.

### SPICY SHRIMP KABOB \$7.99

Broiled spicy shrimp skewered with peppers and onions.

### BROILED KEFTA KABOB \$7.49

Charbroiled Lamb & Beef meatballs skewered with tomatoes and blended with fresh green herbs, onions and garlic.

### GRILLED VEGGIE KABOB \$6.49

Char-grilled zucchini, yellow squash, eggplant, peppers and onions marinated in a cilantro lemon vinaigrette.



## Soups and Chili

### HOMEMADE SOUPS

Whether its our famous Turkish Lentil soup or one of our seasonal specialties our hot soup is the perfect addition to any meal. Some seasonal choices include Egg Lemon, Tomato Basil, Mediterranean Chicken

CUP 2.99

BOWL 3.99

### HEARTY WHITE BEAN CHICKEN CHILI

Tuscan white beans, chicken breast, peppers, onions, chili seasoning and spices

CUP 3.99

BOWL 4.99

## Soup & Salad Combo

CHOOSE ANY 1/2 TOSSED SALAD & CUP OF SOUP  
ADD .99 EXTRA FOR CHILI  
ADD CHICKEN .79 OR STEAK FOR 1.09  
TO YOUR HALF SALAD

\$6.49

**\*\*BREAKFAST ONLY AVAILABLE AT 225 N MICHIGAN AVE LOCATION**

## Breakfast Scramblers

**Breakfast Scramblers are made-to-order and served with oven roasted Parmesan breakfast potatoes and bread.  
Substitute Egg Whites ~ .49 Add turkey sausage for .99**

### **MEDITERRANEAN SCRAMBLE \$4.49**

Eggs scrambled with fresh spinach, tomatoes, and feta cheese.

### **SHEPPARDS SCRAMBLE \$4.49**

Eggs scrambled with diced potatoes, mushrooms, seasonal peppers, red onions, and shredded cheese.

### **SCRAMBLED EGG & CHEESE \$3.99**

Eggs scrambled with shredded cheese.

## Breakfast Sandwiches

**Add Turkey Sausage in your sandwich for .49**

### **ENGLISH MUFFIN EGG & CHEESE SANDWICH \$1.99**

Egg & cheese served on a toasted english muffin.

### **SCRAMBLED EGG & CHEESE \$2.99**

Scrambled eggs & cheese served on a panini grilled pita. Substitute a Croissant for .49.

### **MEDITERRANEAN SCRAMBLE \$3.39**

Scrambled eggs with fresh spinach, tomatoes and feta cheese served on a panini grilled pita.

Substitute a Croissant for .49.

### **SHEPPARDS SCRAMBLE \$3.49**

Scrambled eggs, diced potatoes, mushrooms, seasonal peppers, onion, and cheese served on a panini grilled pita. Substitute a Croissant for .49.

## Breakfast Starters

**\*\*BREAKFAST ONLY AVAILABLE at 225 N MICHIGAN AVE**

### **HEALTHY START PARFAIT \$2.99**

Amish maple granola layered with vanilla yogurt and seasonal berries

### **HEARTY OATMEAL \$2.49**

Hearty oatmeal made with skim milk. Top it with one or all of our tasty additions including raisins, brown sugar, walnuts, and almonds.

### **SEASONAL FRUIT \$2.49**

Served with vanilla yogurt \$2.99

### **BAGELS \$1.49**

## Fresh Baked Sweets

**OUR PASTRIES AND SWEETS ARE BAKED FRESH DAILY. FROM FRESH BAKED MUFFINS TO HONEY GLAZED BAKLAVA. SEE OUR DAILY SELECTION**

## House Beverages

**FRESH ROASTED COFFEE & ESPRESSO BEVERAGES (AVAILABLE ICED)**

**FRESH BREWED TEA (AVAILABLE ICED)**

**FRESH SQUEEZED ORANGE JUICE & LEMONADE**

**COKE®, DIET COKE®, SPRITE® AND OTHER COCA COLA BEVERAGES**

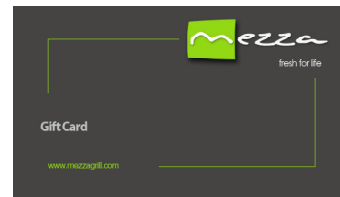
*Unlike our competition*  
**WE REALLY Cook.**

Mezza offers a healthy and delicious alternative to conventional cuisine.

The variety of Mediterranean dishes we serve will satisfy the needs of any appetite. Whether you are looking for a quick morning breakfast, a healthy lunch or even an afternoon refreshment, Mezza will provide you with a more exotic selection of salads, sandwiches, flatbreads, kabobs, rice bowls and specialty sides. Try any one of our healthy meals and you will know that high quality nutritious food can also be affordable and quick. Treat yourself and your friends to the fine taste of Mezza.

Give the gift of fresh healthy cuisine.  
Give the Mezza gift card.

*Call Mezza for all your catering and special events needs.*



Please grab our catering menu for a great selection of exotic Mediterranean flavors  
**IN A HURRY! JUST CALL AHEAD!**  
Please visit us at any one our locations

520 N. Michigan Ave  
at the Nordstrom Mall  
food court  
Tel: 312.670.0200  
Fax: 312.670.0201

205/225 N. Michigan Ave  
Michigan & Lake  
inside Michigan Plaza  
Tel: 312.729.2884  
Fax: 312.729.2885

Two North Riverside Plaza  
On Madison & the River  
Between Wacker and Canal  
Tel: 312.575.9950  
Fax: 312.575.9951

181 W. Madison  
On Wells St. Between  
Madison and Monroe  
Tel: 312.269.0095  
Fax: 312.269.0092

**OUTDOOR SEATING AVAILABLE**

**YOUR FRESH FOR LIFE**

# Menu



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